

**TWHGs Sun Hoi Directors' College**  
**2024-2025 School Notice No. 3**

**Matters concerning English and Math Remedial classes for S1 to S3 students, After-school homework classes, Purchasing of exercise books, Ordering of winter school uniforms, Free influenza vaccination, Sports teams, Excursion for S6 students, Parent-Teacher Association Newsletter, Parents' Seminar organized by the Education Bureau**

16<sup>th</sup> September, 2024

Dear Parents,

Please kindly note the following:

**1. English and Mathematics Remedial Classes (First Term) for S1 to S3 Students**

To help students better utilize their spare time and improve their learning effectiveness, the Studies Unit is organizing "English and Mathematics Remedial Classes" for students. Students can choose to attend both/ either English and/ or Mathematics remedial classes. The details are as follows:

	<b>S1</b>	<b>S2 &amp; S3</b>
Time:	<b>English (10:00 AM - 11:00 AM)</b> <b>Mathematics (11:15 AM - 12:15 PM)</b>	<b>Mathematics (10:00 AM - 11:00 AM)</b> <b>English (11:15 AM - 12:15 PM)</b>
Date:	28 <sup>th</sup> September, 2024 to 7 <sup>th</sup> December, 2024 Every Saturday (28/9, 5/10, 19/10, 2/11, 9/11, 16/11, 23/11, 7/12) 8 sessions per subject, 1 hour per session	
Venue:	School classrooms	
Tutors' qualification:	Current undergraduate students from our school	
Mode:	Tutors will guide students in small groups to review course content, answer questions, and complete in-class exercises.	
Fee:	\$320 per subject (8 sessions, 1 hour per session) Students who receive textbook subsidies or from families on comprehensive social security assistance and attend at least 80% of classes can receive full fee subsidies under the "School-based After-school Learning and Support Programme". The subsidies will be disbursed after the program ends.	
Quota:	Approximately 80 students (the school will consider various factors when admitting students)	
Regulations:	Participating students must arrive on time for each class and behave properly, or they will face disciplinary action.	
Application Deadline:	September 19, 2024 (Thursday)	
Admission Announcement:	September 23, 2024 (Monday)	
Payment:	Fees will be automatically deducted from your school account on September 26 after admission.	

## 2. Submission of Assignments for S1 to S3 and "After-School Homework Class"

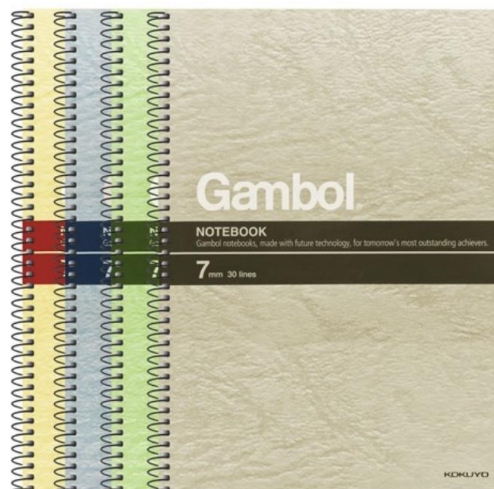
To cultivate students' habit of completing and submitting assignments on time, the school will arrange a designated time in the morning to collect assignments. Parents are kindly requested to note the following:

- a. S1 to S3 students must arrive in the classroom between 7:55 - 8:05 a.m. on school days to prepare for assignment submission.
- b. Parents are advised to remind their children to organize the assignments to be submitted the next day at home, in order to expedite the assignment collection process.
- c. The school will notify students who fail to submit their assignments during the afternoon roll call session to attend the "After-School Homework Class" (3:55 pm - 4:55 pm) on the same day.
- d. Except for disciplinary classes, students are generally not allowed to be absent from the "After-School Homework Class" (including private tutoring). If a student is absent without reason, it will be treated as truancy, and the student must attend the "After-School Homework Class" on the next school day.

Completing and submitting assignments on time is a responsibility that students must fulfill during their studies. We sincerely hope that parents will assist their children in developing good habits and submitting assignments on time.

## 3. Cultivating the habit of taking notes and purchasing of notebook

Handwriting notes can promote multi-sensory learning and deepen the memory of the learning content, making the learning process more efficient. To help students develop the habit of taking notes, the school is now purchasing a notebook (see the sample below) for each student at a cost of \$10. If you need to purchase additional notebooks, please indicate the required quantity on the reply slip. The relevant amount will be deducted from your autopay account on 25<sup>th</sup> September, so please ensure you have sufficient funds for the transfer.



#### 4. Ordering Winter School Uniforms and Sportswear

Victoria Uniform Company is the designated school uniform supplier for Tung Wah Group of Hospitals Shing Kai Year Principal's College. Please read Attachment 1 for details regarding the price list and style of school uniforms. To prepare for the winter school uniforms and sportswear, the uniform supplier will set up a booth on campus. The schedule is detailed in the table below:

	Date	Time	Grade	Venue	Notes
<b>Placing Orders</b>	September 24th (Tuesday)	3:45PM – 5:00 PM	S2 – S6	Covered Playground	1. No deposit is required for orders. 2. The Victoria School Uniform Company's retail stores and school booths do not have stock available, so students must order their uniforms in advance and get measured.
			S1	Classrooms on 1st floor	
<b>Pickup Date</b>	November 19th (Tuesday)		All forms	Covered Playground	1. If there are any issues after purchasing, please call the Victoria School Uniform Company to place a replacement order. 2. Please bring sufficient cash and your order slip.
<b>Replacement pickup</b>	November 26th (Tuesday)				

#### 5. Free Influenza Vaccination and eHealth Record Registration Consent Form

To protect the health of students, the school has arranged for the Department of Health to provide free influenza vaccination for students at the school on 1<sup>st</sup> November (Friday). Students will receive the form on 19<sup>th</sup> September, and parents are requested to return the signed paper reply slip (Part 4: Consent or Part 5: Disagree) to the class teacher by 24<sup>th</sup> September. Parts 1 to 3 of the form should be retained and for parents' reference. If you have any inquiries, please call the Department of Health at 2125 2158 (program arrangement) or 3975 4872 (vaccination inquiries) during office hours.

Additionally, if Secondary 1 students wish to register for the eHealth record, please also return the signed consent form to the class teacher by 24<sup>th</sup> September.

## **6. "Greater Bay Area Career Exploration Tour" Excursion for S6 Students**

To further assist senior secondary students in preparing themselves and seizing new career development opportunities in the Greater Bay Area, the Education Bureau has launched a 5-year "Greater Bay Area Career Exploration Tour" program, organizing workplace visits in the Greater Bay Area for senior secondary students. This allows them to gain a deeper understanding of the latest developments in different industries in the Greater Bay Area through first-hand observation and experience.

Our school will arrange for S6 students to visit Zhuhai on 15 November (Friday), the "Life-wide Learning Day". The itinerary includes visiting a science and technology industrial park and innovative technology enterprises in Zhuhai, as well as exchanging with local companies. Teachers and students will receive a full subsidy from the Education Bureau to cover the tour fees, including visit activities, meals, transportation, and basic group travel insurance.

This excursion is a regular school learning activity, and all students are required to attend. If a student is unable to attend due to illness, a medical certificate is required. As we are currently awaiting the Education Bureau's notification on the itinerary plan, the details of the excursion will be announced in due course

To ensure the smooth running of the Mainland excursion, parents are requested to check the validity period of their child's Home Return Permit. If it has expired or is about to expire, please make an appointment to apply for a new one as soon as possible. Students must submit a copy of their valid Home Return Permit or a copy of the application receipt to their class teacher by 25<sup>th</sup> September. Parents are kindly requested to pay attention to this matter.

## **7. Sports Teams**

Please read Attachment 2 for details regarding the sports teams.

## **8. Parent-Teacher Association Newsletter**

Please read Attachment 3 for details regarding the 27th Parent-Teacher Association Member Meeting and Parents' Evening.

## **9. Seminar for Parents of Junior Secondary Students organized by the Education Bureau**

To help parents understand and master the skills of guiding their children who are diagnosed or suspected of having Attention Deficit/ Hyperactivity Disorder (ADHD), in order to complement the support provided by schools and enhance the effectiveness of counselling, the Education Psychology Service (Hong Kong) Section of the Education Bureau will hold a training seminar for parents of junior secondary students. Parents who are interested can sign up for the seminar themselves. Please read Attachment 4 for seminar details. If you have any questions, please contact Ms. Lam Sau Wan.

Best regards,

TWGHs Sun Hoi Directors' College

# 維多利校服公司 Victoria Uniform

附件一

辦公室：香港中環皇后大道中 222 號啟煌商業大廈 8 樓 801-3 室 電話：2815 2983

上環：文咸東街 79-85 號 文咸中心 8 樓 電話：2815 2673

炮台山：屈臣道 海景大廈 B 座 1403 B 室 電話：2802 6887

太子：長沙灣道 恒滿樓 38 號地舖 電話：3188 9762

九龍城：城南道 3 號地舖 電話：2382 2407

彩虹：彩虹邨 青楊路 金碧樓 32 號地舖 電話：2321 1733

荃灣：福來邨 永嘉樓 9 號地舖 電話：2437 9997

沙田：石門安群街 3 號京瑞廣場一期 5 樓 A 室 電話：2637 3313

大埔：大元邨 泰榮樓 3 號地舖 電話：2662 3819

元朗：媽橫路 51-53 號福順樓 6 號地舖 電話：2321 9282

蝴蝶：屯門湖翠路一號蝴蝶廣場 R165 號地舖 電話：2404 0177

鳴琴：屯門建群街 3 號永發工業大廈 4 樓 B 電話：3691 9897

敬啟者：

11/9/2024

茲為便利「東華三院辛亥年總理中學」各級同學選購冬季校服，本公司「蝴蝶廣場分店」將於下列日期派職員到校為學生度身配碼訂購。如蒙惠顧，請填寫訂購回條，回校交予本公司職員一併辦理，貨款請於領取校服時繳付，購買後如有任何問題，保證30天內可更換。

為響應政府的環保措施，本公司於客人取貨時先收取「港幣\$1」之膠袋費用；如貴家長即時退回此膠袋，將即時退還「港幣\$1」。

校內集體訂購與門市價格相同，訂造需時，為免出現斷碼的情況，請貴家長盡量到校訂購。

## 冬季價目表

### 男女生 - 白色長袖恤衫 (連校章 / 領圍計)

尺碼	12 - 13.5	14 - 15	15.5 - 16.5
價目	\$55	\$65	\$75

### 男生 - 灰色長西褲 (腰圍計)

尺碼	23 - 26	27 - 30	32 - 36
價目	\$111	\$123	\$135

### 女生 - 半腰校裙 (腰圍計 / 連內裡)

尺碼	23 - 25	26 - 28	29 - 32
價目	\$95	\$110	\$125

### 男女生 - 校褸 (連繡章 / 配活動抓毛長袖衣)

尺碼	8 - 10	12 - 14	16 - 18
價目	\$250	\$265	\$285

### 男女生 - 四季運動套 (外套+ 長褲)

尺碼	32 - 34	36 - 38	40 - 42
價目	\$202	\$219	\$236

以上各款校服僅在「蝴蝶廣場分店」出售

地址：屯門 蝴蝶邨 蝴蝶廣場  
地下R165號舖 (中國銀行側)

電話：2404 0177

營業時間：10：45 至 19：00

(星期一至日，勞工假期休息)



..... 回 條 .....

學生姓名：\_\_\_\_\_ 班別：\_\_\_\_\_ 聯絡電話：\_\_\_\_\_

項目	恤衫	長褲	校裙	校褸	四季運動套
件數	男( ) 女( )				

尺碼要求：合身 ( ) 大一碼 ( ) 家長簽署：\_\_\_\_\_

東華三院辛亥年總理中學

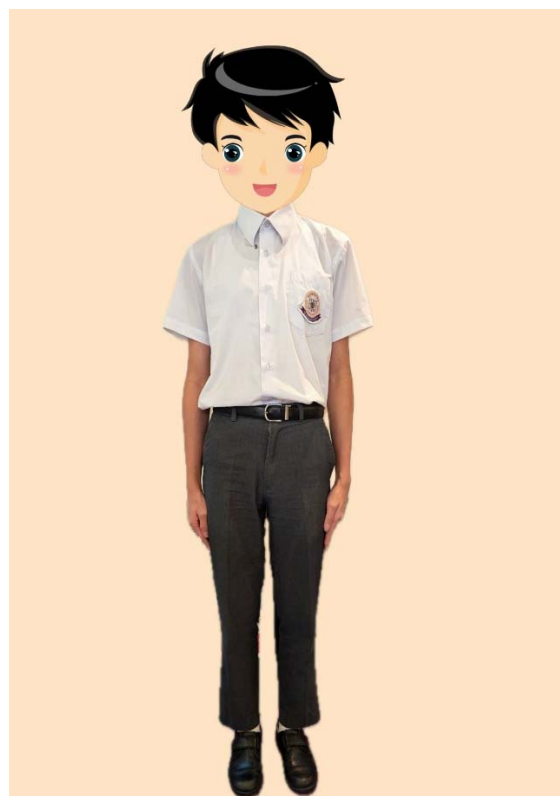
校服式樣

一、夏季校服



#

女生裙（下身連裡，連校章）#



#

男生短袖恤衫（連校章）男生灰長西褲#

二、冬季校服式樣



#

男生長袖恤衫（連校章）#



#

女生長袖恤衫（連校章）#

男生灰長西褲#

女生半截裙（連內裡）#



男女生多功能長袖外套#

男女生長袖抓毛內裡#

（抓毛內裡可連接多功能長袖外套穿著，也可拆除獨立穿著）#

三、運動服式樣（四季通用）

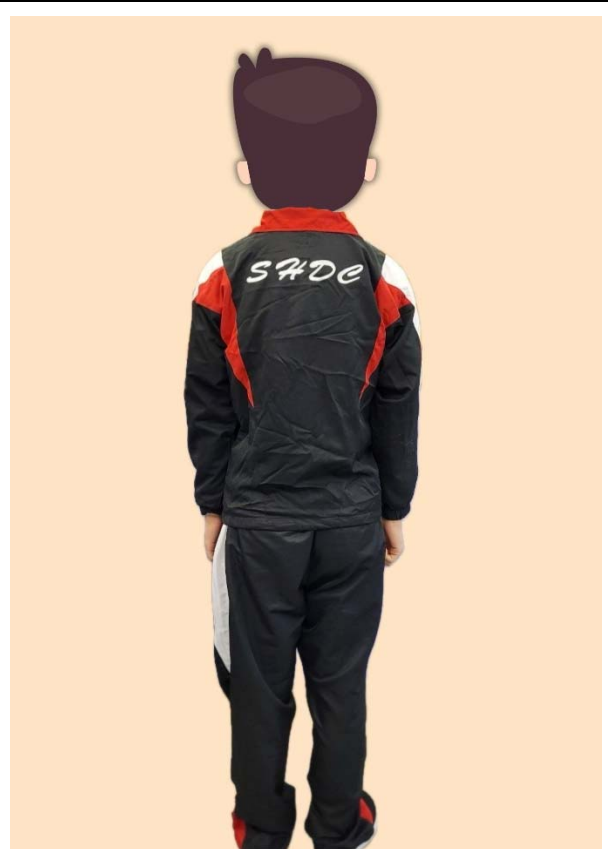


短袖運動衫

短運動褲



男、女生長袖運動外套



男、女生運動長褲

#  
#



## 體育團隊

敬啟者：為配合學校體育科課程發展及教育局推行的建立活躍及健康的生活方式 – MVPA60 政策，即每名學生必須每天進行 60 分鐘體育活動以達致身體健康，每名體育團隊成員可以三項運動項目作綜合練習，以發展學生多方面才能及確保足夠的運動量以達至健康及應付校際賽。體育科現正招募體育團隊成員。體育團隊於上學期、下學期及暑假舉辦多項體育團隊訓練，訓練內容除了恆常隊員訓練外，亦歡迎其他學生參與，善用餘暇。

費用將會分上學期(\$600)、下學期(\$600)及暑假(\$300)三期收取，所有體育團隊訓練均由學校津貼平均分配至每個項目，而有經濟困難學生，將會有額外津助，各類學生收費如下：

學生類別	收費(上學期)
一般學生	\$600
書簿津貼半免	\$480
書簿津貼全免及綜緩援戶	\$360

每名學生必須選擇參加三項活動，上述收費已包括所有訓練班費用，費用主要支付教練費、器材及比賽報名費。費用將會於 9 月 27 日透過自動轉賬收取，沒有申請自動轉賬的學生，請於 9 月 27 日前將有關款項以現金方式交校務處支付有關費用。

### 注意事項

1. 訓練時間可參閱體育團隊訓練一覽表。
2. 所有學生須於新學年重新選擇有關活動及繳付相關費用。
3. 現階段為報名，取錄通知將稍後發出，敬請留意。
4. 擬報名項目如超額報名，體育老師及教練將會進行選拔，未能入選者，將會另行安排參與其他活動。

是項活動由王日昌老師統籌，如有疑問，請向負責老師查詢，並請囑咐 貴子弟活動時須注意安全問題，敬希垂注。

此致  
貴家長

東華三院辛亥年總理中學  
負責老師：王日昌老師

2024 年 9 月 16 日



東華三院辛亥年總理中學  
體育團隊訓練一覽表  
2024 – 2025



附件二

項目	日期	時間	集合地點	
男子長跑 (王日昌老師負責)	星期二及四 星期六 0730am-1130am (9-11月大棠郊野公園)	16:30pm-18:30pm	學校、鄧肇堅運動場或 區內緩跑徑	
男子及女子田徑 (王日昌及何汝齊老師負責)	徑項	星期二及五	17:00pm-19:00pm	學校或鄧肇堅運動場
		星期六	09:00am-11:00am	學校
	跳項	星期二及四	17:00pm-19:00pm	學校或鄧肇堅運動場
	擲項	星期六	9:00am-11:00am	學校或湖景七人足球場
男子籃球 (王日昌老師負責)	星期四	16:30pm-18:30pm	學校或區內籃球場	
	星期日	15:00pm-17:00pm		
男子手球 (王日昌老師負責)	星期一及三	16:30pm-18:30pm	學校或區內手球場	
男子足球 (王日昌老師負責)	星期二及四	16:30pm-18:30pm	湖景七人足球場或區內 足球場	
女子籃球 (何汝齊老師負責)	星期一	16:00pm-18:00pm	學校或區內籃球場	
	星期日	9:00am-11:00am		
女子手球 (何汝齊老師負責)	星期三	17:00pm-19:00pm	學校或區內手球場	
	星期五	18:30pm-21:00pm		
女子長跑 (何汝齊老師負責)	星期二及四 星期六 0730am-1130am (9-11月大棠郊野公園)	17:00pm-19:00pm	學校或鄧肇堅運動場	
男子及女子羽毛球 (鍾穎涵老師負責)	星期一及三	16:00pm-18:00pm	學校禮堂	
男子及女子乒乓球 (馮佩欣老師負責)	星期三	16:00pm-18:00pm	學校或區內體育館	
	星期六	13:00pm-15:00pm		
男子及女子排球 (王日昌老師負責)	星期一	18:00pm-20:00pm (9月16:30pm-18:30pm)	學校或區內排球場	
	星期三	18:30pm-20:30pm		

**注意事項：**

- 服裝** - 所有學生必須穿著**體育服裝或球隊隊衣**，以資識別；否則，**將會被扣操行分**。
- 天氣** - 如遇三號風球、紅色或黑色暴雨警號，所有學生不須往集合地點報到。  
- 如遇微雨或一號風球而**沒有下大雨**，所有學生**必須**往集合地點報到，如有疑問，可致電 24645220 回校查詢。
- 出席率** - 所有學生不可無故缺席及遲到，如有要事，必須預先向老師報告或由其他同學轉述，另補回家長信申述理由，否則當作無故缺席處理。
- 門口簽到** - 非上學時間期間，只有已報名同學才可進校，進校時必須於門口簽到。
- 練習日期** - 上述時間只供參考，練習會因應比賽日程、測考或其他安排而有變更，實際時間將會透過 ECLASS 通訊適時通知家長。



## 東華三院辛亥年總理中學家長教師會 第二十七屆家長教師會會員大會暨家長晚會

各位親愛的家長：

東華三院辛亥年總理中學家長教師會成立已有二十六年，多年來，各項會務喜獲各方面鼎力支持，積極參與，至為感恩。

第二十七屆家長教師會會員大會暨家長晚會將於 2024 年 10 月 4 日（星期五）下午七時，在本校禮堂舉行，當日程序如下：

晚上 6:30- 7:00	接待		
晚上 7:00- 7:10	會員大會		
晚上 7:10 - 7:25	校務報告		
晚上 7:30- 8:00	<b>對象</b>	<b>家長講座主題</b>	<b>講者</b>
	中一級家長	解密青春	方玉麟先生（駐校社工）
	中二級家長	如何與子女談性	劉遠珠姑娘（社工）
	中三級家長	中三選科講座	李曉聰老師（學業組主任）
	中四級家長	國家安全之生活學習應用 (家長篇)	胡志偉教授 (香港教育大學國際教育學系 助理教授(教學))
	中五級家長	喜怒無常	陳慧嫻姑娘（駐校社工）
	中六級家長	大專升學資訊	林苑珮老師 (升學就業輔導組主任)
晚上 8:00 – 8:40	<b>家長教師座談會</b> 報告 貴子弟的在校近況。 如蒙出席之家長將獲班主任派發「學生進度報告」。		

敬希 貴家長於 10 月 4 日(星期五)晚上 7 時正光臨本校，出席會員大會暨家長晚會，讓我們實現家校合作的願景，共同為青少年的成長出一分力。

敬祝  
生活愉快

東華三院辛亥年總理中家長教師會

2024 年 9 月 16 日

教育局 教育心理服務(香港)組  
「如何支援有注意力不足/過度活躍症的子女」  
初中學生家長訓練講座  
2024/25學年

致\_\_\_\_\_家長：

本組誠意邀請您參加「如何支援有注意力不足/過度活躍症的子女」初中學生家長訓練講座，認識及掌握教導子女的方法，以配合學校的支援，加強輔導成效。訓練講座的詳情如下：

日期	第一節	第二節
	2024年10月24日 (星期四)	2024年10月31日 (星期四)
內容	1 認識注意力不足/過度活躍症 1 注意力不足/過度活躍症與執行功能 1 初中學生轉銜期的挑戰 1 支援方法 1 成長心態、感情連結的重要性 1 有效的溝通技巧 1 家長自身情緒的覺察及舒緩壓力的方法	
時間	上午 10:00 - 中午 12:00	
講者	協康會教育心理學家	
地點	以 <b>Zoom</b> 網上形式進行	
對象	確診或懷疑有注意力不足/過度活躍症的中一至中三學生的家長	
報名方法	1 有意報名參加的家長請輸入以下連結資料或掃描以下二維碼(QR Code)，並填寫及遞交相關資料。 <div style="border: 1px solid black; padding: 5px; display: inline-block; margin: 5px 0;">報名連結: <a href="https://forms.office.com/r/GY0F7Ew5zh">https://forms.office.com/r/GY0F7Ew5zh</a></div>  1 請確保輸入的電郵地址正確無誤及可接收此訓練講座資訊。 1 按下“ <b>提交</b> ”鍵，確定成功遞交申請。 1 以先到先得方式取錄。	
查詢	如有查詢，請致電 3695 0482 (陳英傑先生) 或 3695 0543 (陳嘉進先生)。	
費用	全免	
截止日期	2024年9月30日	
備註	獲取錄的家長將於 2024年10月21日或之前收到有關 Zoom 的登入名稱及資料的電郵。如於上述日期仍未收到相關電郵，請與本局聯絡。	

教育局  
教育心理服務(香港)組

2024年9月2日